

JOB SHOP

Looking for a job while you study? There has never been a better time to join Adelaide's workforce! StudyAdelaide's Job Shop has hundreds of parttime jobs available at some of Adelaide's leading businesses that are long-term employers of international students. Scan the QR code to find jobs currently available and apply.



EMPLOYMENT TOOLKIT

The Employment Toolkit is available 24/7 with templates, webinar recordings and step-by-step videos to help vou prepare your resume, cover letter and more. If you have an interview coming up, don't forget to download our interview tips and practice questions; after all, practice makes perfect!

INSIDER GUIDES





DESIGNED FOR LIFE. INTERNATIONAL STUDENT COMPANION

Welcome to Adelaide!

We know what it feels like to get off the plane and think 'Now what?'. The Student Ambassadors are here to help you get settled. You're going to love studying in Adelaide - it is such a wonderful city to be a student in. Be sure to sign up for the StudyAdelaide newsletter to access discounts, events, and ways to find a job and meet other students. We'd love to share tips to make the most of vour time in this amazing city.

Regards, The StudyAdelaide Ambassadors

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SHOPPING LOCATIONS

RUNDLE MALL / STREET

One of Adelaide's most recognisable landmarks is Rundle Mall - the city's shopping hub. There, you'll find department stores, supermarkets, and well-known brands. Heading east towards Rundle Street, you'll find high-end lifestyle brands, international restaurants and busy cafés.

INTERNATIONAL SUPERMARKETS

With such a multicultural population, you won't have trouble finding food from home in Adelaide. There is a huge range of international supermarkets across the city and its suburbs. Supermarkets such as Coles and Woolworths also have well stocked international food sections.

SHOPPING CENTRES

Wherever you are in Adelaide, you will be within easy reach of a shopping centre. These are enclosed malls, home to supermarkets, newsagencies, department stores, restaurants and cinemas. Westfield Marion and Westfield Tea Tree Plaza are two of the biggest.



OPENING HOURS

The standard opening hours for retail shops in Adelaide is 9am - 5pm. During weekdays supermarkets open a bit earlier at 7am and close at around 9pm. Opening hours on weekends changes a lot and some locations may be closed Sundays.

PUBLIC TRANSPORT

TRANSPORT OPTIONS

Adelaide's public transport options include trams, trains and buses run by Adelaide Metro. As an international student in Adelaide, you are eligible for either a Student or a Concession metroCARD, which offers discounted fares on all public transport. Visit adelaidemetro.com.au for more information



METROCARD BASICS

You must validate your metroCARD every time you get on public transport (unless you are catching a free bus or tram service). Look for yellow validator machines to tap your card against. A single trip lasts for two hours and you will only be charged once in this timeframe, no matter how many times you validate your metroCARD.

RECHARGE A METROCARD

You can top up your metroCARD in \$5 blocks up to \$200. You can either recharge as you go through your online metroCARD account or select vending machines, or set up an auto recharge.

PLANNING TRIPS

The Adelaide Metro website, Google Maps or the app Moovit can help you plan your trip route.

ACCESSING HEALTHCARE

WHEN TO GO TO A GP **VS HOSPITAL**

If you are sick, where you go for help in Adelaide might not be the same as in your home country. In Australia, hospitals are for emergencies and General Practitioners (GPs) are for nonemergencies. You should generally only go to a hospital if you are seriously hurt or sick and require urgent medical care

ACCESSING A GP

If you need to see a GP, make an appointment in advance. You can search 'Local GP' online to find the closest one to where you live or visit healthdirect.gov.au. You can also contact 13SICK National Home Doctor for after hours care.

MENTAL HEALTH RESOURCES

Caring for your mental health is incredibly important as an international student. There are several support services available that you can access. Most education providers in Adelaide will offer free or discounted counselling services. Alternatively, you can contact organisations such as Lifeline, Beyond Blue or ASK PEACE through Relationships Australia for support.

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WHAT STUDYADELAIDE **OFFERS**

STUDENT EVENTS

Student Fest (StudyAdelaide's own Adelaide Fringe event for international students), Students Got Talent, Lunar New Year celebrations and regional tours around South Australia are some of the events to enjoy as an international student in Adelaide

EMPLOYMENT SUPPORT

From finding employment opportunities and understanding your work rights to developing your interview skills and enhancing your resume at employability workshops, StudyAdelaide is here to support you working in Adelaide.

AMBASSADOR PROGRAM

The StudyAdelaide Student Ambassador team can help you get the most from your Adelaide experience. You will find plenty of opportunities to meet these passionate people in person.

INTERNATIONAL STUDENT AWARDS

Our prestigious annual awards program has been running for over 10 vears, recognising international students for their academic excellence. community service, peer support and unique initiatives.

STUDENT COMMUNITY

Having a supportive community around you is vital when it comes to getting the most out of your international student experience. StudyAdelaide offers a range of resources about student and community support to help you start building connections and making friends.



Think crystal clear waters and pristine white sand. South Australia is known for its world-famous beaches, after all.

Henley Beach	
2 Glenelg Beach	SEE THE
3 Brighton Beach	
4 Port Noarlunga	MAP FOR
5 Aldinga	LOCATION

HIKES & TRAILS

Adventure to the outdoors to uncover a range of hikes and trails across Adelaide and beyond, brimming with native flora and fauna.

(1) Mount Lofty	
Marion Coastal Walk	SEE THE
3 River Torrens Linear Trail	MAP FOR
4 Sugarloaf Circuit	
5 Morialta Falls Plateau Hike	LOCATION





EXPLORE OUTISDE THE CBD

HAHNDORF

Located just half an hour's drive from Adelaide's city centre, Hahndorf is a fascinating and beautiful village with a proud German heritage. You can enjoy a traditional German meal, explore art galleries, go for cheese and wine tastings, and visit specialist chocolatiers.



之 🚯 GLENELG

Home to Adelaide's most popular beach, Glenelg Beach, Glenelg is an easy tram ride away from the city centre. This seaside suburb is buzzing with fantastic cafés, restaurants, and boutique stores. On a sunny day, you'll find the area packed with sunbathers and swimmers.

VICTOR HARBOR

Victor Harbor is a coastal town just over an hour from Adelaide by car. You can walk or take the iconic Horse Drawn Tram across the wooden causeway to Granite Island, which is famous for its wildlife and whale watching.

MCLAREN VALE

Boasting gorgeous white sand beaches, McLaren Vale is one of the most famous wine regions in Australia. Spend the day visiting famous wineries and enjoying local produce at incredible restaurants, or exploring a hiking trail and eating fish and chips by the ocean.

• PORT ADELAIDE

Whether it's learning more about Adelaide's rich history, dolphin spotting, taking a tour of the famous Pirate Life Brewing brewery, heading to a music festival or having a long brunch session with friends, there's something for everyone in Port Adelaide.



INSTAGRAMABLE SPOTS

NORTLOCK WING

The closest you'll get to experiencing Hogwarts in Adelaide is this beautiful area of the State Library of South Australia.

MOUNT LOFTY BOTANIC GARDEN

Make sure to experience every season here, from the red and gold leaves in autumn to the explosion of colour in spring.

MONTEFIORE HILL

The place to go for incredible views over the Adelaide city centre, including the landmark Adelaide Oval and River Torrens.

SEPPELTSFIELD ROAD

The Avenue of Palms along Seppeltsfield Road, found on your way to the winery, is an icon of the Barossa Valley.

S RUNDLE MALL SCULPTURES

Make sure to keep an eye out for 'A Day Out' (a group of bronze pigs) and 'The Spheres', affectionately known as the 'Mall's Balls'.

THE UNMISSABLE ADELAIDE OVAL IS THE

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PLACE TO GO FOR CRICKET MATCHES IN THE SUMMER, CHEERING ALONG WITH FANS AT AN AUSTRALIAN RULES FOOTBALL GAME, OR A NIGHT OF LIVE MUSIC.

NORTH ADELAIDE

HOME TO A NUMBER OF RESIDENTIAL COLLEGES, NORTH ADELAIDE IS A BUSY STUDENT SUBURB. GRAB A SNACK FROM ONE OF THE AREA'S MANY BAKERIES AND WALK AROUND THE TREE-LINED STREETS.

ADELAIDE OVAL

ADELAIDE BOTANIC GARDEN

WHEN YOU NEED A BREAK FROM THE BUSTLE OF THE CITY HEAD TO THE ADELAIDE BOTANIC GARDEN. THIS TRANQUIL GREEN SPACE IS THE PERFECT SPOT FOR A PICNIC WITH FRIENDS.

RUNDLE MALL

THIS SHOPPING DESTINATION HAS A RICH HISTORY. HIGHLIGHTS INCLUDE BEEHIVE CORNER (STOP BY HAIGH'S CHOCOLATES FOR A SAMPLE), ADELAIDE ARCADE (FIRST OPENED IN 1885) AND REGENT ARCADE (WITH ITS HERITAGE-LISTED FACADE)

ADELAIDE CENTRAL MARKET

YOU CAN SPEND A WHOLE DAY EXPLORING THE ADELAIDE CENTRAL MARKET, SAMPLING LOCAL CHEESES, SHOPPING FOR FRESH PRODUCE, AND ENJOYING LUNCH AT ONE OF

THE MANY EATERIES.

KNOWN AS A 'POCKET OF JAPAN'. THE HIMEJI GARDENS COMMEMORATE HIMEJI. ADELAIDE'S SISTER CITY, MAKE SURE TO EXPLORE AROUND THE LAKE AND RELAX IN THE 'KARE SENZUI' (DRY GARDEN).

HIMEJI GARDEN

